University of Vermont Children's Hospital

UVM Children's Hospital Pediatric Primary Care - Williston

353 Blair Park Rd Williston VT 05495

Dept Phone: 802-847-1440 Dept Fax: 802-847-3014

1/20/2022

## Well Exam - Sports and Camp Participation Clearance Form

NOTE: How often a clearance form is needed to play sports, is determined by your school or camp. This clearance form is the only Sports Participation Clearance Form supported by the Vermont Principal's Association, the Vermont Departments of Health and Education, and the Vermont Chapters of the American Academy of Pediatrics and American Academy of Family Physicians. The American Academy of Pediatrics Council on Sports Medicine and Fitness developed the research based screening activities done during a Well Exam, to determine sports readiness.

Student's Name: Maverick P Misenko

Age: 14 y.o.

**Date of Birth:** 12/29/2007

Grade:

Height: 179.1 cm (70.5")

Weight: 56.1 kg (123 lb 9.6 oz)

Body mass index is 17.48 kg/m<sup>2</sup>. 22 %ile (Z= -0.76) based on CDC (Boys, 2-20 Years)

BMI-for-age based on BMI available as of 1/20/2022.

BP: 110/72

This Athlete is: Cleared without restriction

Reason: Not applicable

Relevant Medical Information for Coaches and Athletic Department:

Allergies: Patient has no known allergies.

EpiPen Necessary: No

Asthma: No

**Emergency Medications:** No

Diabetes: No

**Emergency Medications:** No

Seizure Disorder: No

**Emergency Medications:** No

Well Exam using ICD-9-CM code: 99384 or 99394 (12 - 17 years)

Note: Clearance form is not valid unless Well Exam codes are listed on above line.

Comments: none

Name of Practitioner: Pamela L Jackson, MD

Date of Exam: 1/20/2022

Electronically signed by Pamela L Jackson, MD on 1/20/2022

Suggestion for Athletic Department: Please make copy for School Nurse's Office records