

# Saint Anne's Hospital

A STEWARD FAMILY HOSPITAL

Hawthorn Campus

Steward

*Gastroenterology*

2/14/2018

PT Copy

George Nelson  
PO BOX 80604  
SOUTH DARTMOUTH, MA 02748-0604

MRN # 542214

Dear George:

According to our files, it is time for a follow-up colonoscopy.

Please contact the scheduler Melissa at 1-508-996-3991 ext 4171 at your earliest convenience so we may set you up with an appointment.

Please let us know if your medical condition has changed since your last procedure and whether you are on aspirin, Plavix, Coumadin, or diabetic medication.

Sincerely,

Paul Sepe, MD

Dr. Matthew Messina



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**Instructions for after Colonoscopy with Biopsy/Polypectomy**

**Date:** 3/13/2013  
**Patient:** George Nelson  
**Endoscopist:** Paul Sepe, MD  
**Birth Date:** 7/23/1943 (69)  
**Patient ID#:** 542214

*JAS Vecchio*  
*802-8470*  
*2554*  
*(8865)*

We performed a colonoscopy today based on the following indications:  
High risk colon cancer surveillance: Personal history of colonic polyps, Follow-up of diverticulitis

During the procedure we found the following:

- One 5 mm polyp in the rectum. Resected and retrieved.
- Diverticulosis in the sigmoid colon.
- The examination was otherwise normal on direct and retroflexion views.

*content manager,*  
*med. vum.edu,*  
*medicine/gastro/*  
*bio? Bio ID=*  
*22553*

Our recommendations are as follows:

Eat a high fiber diet.

We are waiting for your pathology results.

Your physician has recommended a repeat colonoscopy in five years for surveillance.

It is very important that you **follow these instructions**:

- Resume present medications unless otherwise instructed by Endoscopist.
- Medication given during your procedure may linger in your system for several hours causing unsteadiness and memory loss. You may have difficulty remembering the conversation with your doctor. Taking sedatives or drinking alcohol are not advised for 24 hours. Limit your activities. Go home and rest.
- **Do not drive any motor vehicle or operate dangerous equipment for 24 hours.** Confusion or lack of coordination may result from the medications that were administered during the procedure.
- Do not conduct important business or sign any legal documents on the day of the procedure.
- Resume your usual diet today. If you feel bloated or uncomfortable, start with liquids and advance as tolerated.
- You might notice a few drops of blood on your underwear, or you might see blood on the toilet paper after you use the bathroom. This is caused by irritation to the bowel during the procedure and is not a problem. However, if you have heavy or repeated bleeding, contact our office immediately.
- You might feel gas or cramps for a few hours. This is because air was introduced to the colon during the procedure. If you have abdominal (stomach) pain, tenderness or swelling, please call our office right away.
- You may feel nauseated today. This sometimes happens because of the medications that are used. This should get better within a few hours. If your nausea continues for more than 12 hours contact our office.
- If you have redness or swelling at sites where medications were given, place a warm wet washcloth over the affected area for twenty minutes. If the symptoms persist for over two days please contact our office.
- Call our office if you develop fever greater than 100 degrees or chills during the next 48 hours.
- **If any problems occur after working hours, the on call GI physician can be reached through the answering service at 508-996-3991. Hawthorn Medical's Urgent Care facility is available M-F 8am to 8pm Sat-Sun 8am-4pm or go directly to St. Lukes Hospital Emergency Room.**
- Even though a colonoscopy is considered a very sensitive method to evaluate the colon, some pathology can





**Hawthorn Medical Associates**

*Gastroenterology*

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be overlooked. It is important for you to report any new symptoms or bleeding to your doctor.

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Nurse Signature

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Patient Signature

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Designated Responsible Party Signature

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Paul Sepe, MD  
3/13/2013 11:31:20 AM

# HAWTHORN MEDICAL ASSOCIATES Visit Summary Report - February 5, 2013

Welcome to HAWTHORN MEDICAL ASSOCIATES!

|                                                              |                                                        |
|--------------------------------------------------------------|--------------------------------------------------------|
| <b>Patient Name:</b> NELSON,GEORGE R                         | <b>Provider Seen:</b> HERLIHY,EDWARD F.,M.D.           |
| <b>DOB:</b> 07/23/43                                         | <b>Physician's Office:</b> HAWTHORN MEDICAL ASSOCIATES |
| <b>MRN:</b> 542214(HAW)                                      | 535 FAUNCE CORNER ROAD,<br>NORTH DARTMOUTH, MA 02747   |
| <b>Address:</b> 15 SUMMER STREET , SOUTH DARTMOUTH, MA 02748 | <b>Phone:</b> 508-996-3991                             |

## Vital Signs

| Date       | Height            | Weight  | BMI       | Blood Pressure |
|------------|-------------------|---------|-----------|----------------|
| 02/05/2013 | 5 feet 8 inch(es) | 143 lbs | 21.7      | 118/74         |
| 09/26/2012 | No Result         | 143 lbs | No Result | 126/84         |
| 03/22/2012 | 5 feet 8 inch(es) | 150 lbs | 22.8      | No Result      |

## Your Allergy List

| Allergy            | Reaction |
|--------------------|----------|
| No Known Allergies |          |

## Your Medication List

| Status | Medication Name | Details | Special Instructions |
|--------|-----------------|---------|----------------------|
| Taking | None            |         |                      |

## Your Supply List

| Status         | Supply | Details | Special Instructions |
|----------------|--------|---------|----------------------|
| No Information |        |         |                      |

## Your Conditions

| Condition                                             | Onset Date |
|-------------------------------------------------------|------------|
| <b>Condition:</b> Syncope                             | 01/01/97   |
| <b>Condition:</b> Polyp of colon                      |            |
| <b>Condition:</b> Diverticulosis                      |            |
| <b>Condition:</b> Baker's cyst <b>Location:</b> Right |            |

## Your Procedure List

| Procedure Name                  | Procedure Date |
|---------------------------------|----------------|
| Colonoscopy                     |                |
| Inguinal hernia                 |                |
| Appendectomy                    |                |
| Tonsillectomy and adenoidectomy |                |
| colonoscopy                     | 10/07/2009     |
| Cardiac pacemaker               | 01/01/2012     |

## Recent Test Results

| Date           | Test Name | Result | Reference Range |
|----------------|-----------|--------|-----------------|
| No Information |           |        |                 |

## Immunization Record

| Name         | Dose / Date               |
|--------------|---------------------------|
| Influenza    | <b>Dose 1</b> 10/08/2009; |
| Pneumococcal | <b>Dose 1</b> 10/08/2009; |

## Care Reminders

| Recommendations      | Comments                                                                      |
|----------------------|-------------------------------------------------------------------------------|
| Cholesterol: Overdue |                                                                               |
| Influenza: Overdue   | AFLUA482BA exp 6/30/10; nka to eggs/latex; given by Jody Johnson left deltoid |

## Future Appointments

| Date/Time                      | Location                | Provider                 |
|--------------------------------|-------------------------|--------------------------|
| Wednesday, May 8, 2013 02:30PM | CARDIOVASCULAR MEDICINE | EPSTEIN,LAURENCE M.,M.D. |

Keep an up-to-date list with you at all times in case of emergency. Also, be sure to show your up-to-date list to all of your health care providers.

View your medical record online at [www.patientgateway.com](http://www.patientgateway.com)



## Hawthorn Medical Associates, LLC

*535 Faunce Corner Road  
North Dartmouth, MA 02747  
508.996.3991*

GEORGE R NELSON  
15 SUMMER STREET  
SOUTH DARTMOUTH MA 02748

October 14, 2009

Dear George,

I just wanted to drop you a note about your recent colonoscopy. As you know, we removed a polyp from your colon.

This polyp was a benign adenomatous polyp. Adenomatous polyps, over a number of years, can turn into cancer. That is the reason we remove polyps like these. There was no sign of cancer at this time in your polyp.

Since you are at increased risk of forming new polyps, it is important that you continue to have routine follow-up colonoscopies. We will be sending you a reminder in 3 years for a follow-up colonoscopy. Please mark your calendar in case you do not hear from us.

Remember that I did see sign of your recent diverticulitis. You should get on antibiotics at the first sign of flare. I would take a supply of antibiotics if you go on a long sail as well.

Sincerely,

Edward F. Herlihy, M.D  
Electronically Signed

cc: Endochart